

W

elcome to

Surgery Center of Long Beach (SCLB).

Our facility combines a comfortable atmosphere with the latest technology.

It is staffed with some of Los Angeles' most highly-trained professionals.

Best of all, you can go home shortly after your surgery, and recover in the comfort of your own home. This brochure should help provide answers to many of the questions you may have regarding your surgery.

If you have a specific concern that is not addressed here, please feel free to call

SCLB, toll free, at (562) 988-9566

LOCAL PHYSICIAN OWNERSHIP

Harry R. Karp, M.D.

Kent Azaren, M.D.

Douglas Garland, M.D.

Peter Kurzweil, M.D.

Ross Nathan, M.D.

Leif Hertzog, M.D.

Donald Schwartz, M.D.

George Macer, M.D.

David Morrison, M.D.

William Warden III, M.D.

Steven Grant, M.D.

Michael Brenner, M.D.

Farhad Hajaliloo, M.D.

Albert Tsai, M.D.

Philip Yuan, M.D.

Alice Song, M.D.

PRIOR TO YOUR SURGERY

◆ Your surgeon will discuss your surgery with you and schedule it with the surgery center. Our staff should call you one to two days before surgery and give you preoperative instructions.

◆ Make sure you gather the following items to bring with you: a list of current medications and dosages, any medications the nurse instructs you to bring, health insurance information and prescription cards, identification, physician's orders and lab results or medical records your physician has requested.

◆ In addition, make sure that you arrange to have an adult or family member wait for you during your surgery to drive you home when you are ready to leave the recovery room.

◆ If you have a change in physical condition before surgery such as a cold, fever, persistent cough or rash, please notify your surgeon prior to surgery.

◆ Do not smoke for 24 hours prior to (and after) your surgery.

◆ Please do not eat or drink anything a minimum of 6 hours before your surgery. This includes gum, water, vitamins or mints, unless your pre-op nurse has given you special instructions. This is for your own safety during anesthesia and surgery. If you do not follow this guideline, your procedure may have to be delayed or re-scheduled.

THE DAY OF SURGERY

◆ Remember not to eat or drink anything in the morning unless you have special instructions from your nurse.

◆ Wear comfortable clothing that you can change in and out of easily and that will not bind the site of your surgery.

◆ Do not wear contact lenses and please leave your jewelry and other valuables at home.

◆ Your doctor's office will instruct you when to arrive. Upon arrival, you will be required to complete your admission forms and sign your consent form. Persons under 18 years of age must have a parent or legal guardian with them to sign the forms.

◆ The surgery center staff will ask you for a brief medical history.

◆ A few simple lab tests may be performed at the surgery center the day of surgery if not previously completed.

◆ Your anesthesiologist will meet with you to discuss your anesthesia, tell you exactly what will happen before, during and after your surgery, and answer any questions you may have.

AFTER SURGERY

◆ You will rest in our recovery room, under the care of specially trained nurses. Your anesthesiologist will monitor your condition.

◆ Our staff will answer your questions and give you post-operative instructions as ordered by your physician. You will receive a written copy of these instructions.

◆ You may be dizzy or sleepy after your surgery, even after spending time in the recovery room. Do not attempt to drive or even take a taxi home alone. Please have a responsible adult with you to drive you home.

RETURNING HOME

◆ Even though you may feel fine, have someone plan to stay at home with you through the night. Do not make any important decisions, consume alcoholic beverages, take medications not prescribed by your surgeon, drive or operate machinery during the 24-hour period following your surgery.

◆ Remember that the recovery process continues when you return home. You may experience minor after-effects such as drowsiness, muscle aches, a sore throat and occasional dizziness or headaches. Nausea may also be present but vomiting is less common. You will begin to feel better within hours, but it may take several days before after-effects are gone completely.

◆ Plan to take it easy for a few days, as the majority of patients do not feel up to their typical activities right away, usually due to general tiredness or surgical discomfort.

◆ Call your surgeon if you have questions about what you can and cannot do, when you can return to work and your regular activities.

YOUR FEE

The surgery center's facility fee includes charges for operating room and recovery room services which are provided by the center. This does not include fees for surgeon, anesthesiologist, pathologist or radiologist, which will be billed separately, if applicable. Contact Surgery Center of Long Beach in advance if you have any questions.

PATIENT RIGHTS & RESPONSIBILITIES

The Patient Has the Right to:

◆ Treatment without regard to race, sex, age national origin or cultural, economic, educational or religious background or the source of payment of his care.

◆ Considerate and respectful care.

◆ The knowledge of the name of the surgeon who has primary responsibility for coordinating his care and the names and professional relationships of other practitioners who will see him.

◆ Receive information from his surgeon about his illness, his course of treatment and his prospects for recovery in terms he can understand. When it is medically inadvisable to give such information is provided to a person designated by the patient or to a legally authorized person.

◆ Receive the necessary information about any proposed treatment or procedure in order to give informed consent or to refuse this course of treatment. Except in emergencies, this information shall include a description of all the procedures(s) or treatment(s) the medically significant risk(s) involved in each, and the name of the person who would carry out the treatment(s) or procedure(s).

◆ Participate actively in decision making regarding his medical care, to the extent that is permitted by law.

◆ Refuse treatment

◆ Full consideration of privacy concerning his medical care program. Case discussion, consultation, examination and treatment are confidential and shall be conducted discreetly. The patient has

the right to be advised as the reason for the presence of any individual.

- ◆ Confidential treatment of all communications and records pertaining to his care. His written permission shall be gained before these medical records are made available to anyone not concerned with his care.

- ◆ Reasonable responses to any reasonable request he makes for services.
- ◆ Reasonable continuity of care and to know in advance the time and location of appointment(s), as well as, the practitioner providing the care.

- ◆ Be advised if the surgeon proposes to engage in or perform human experimentation affecting his care or treatment. The patient has the right to refuse to participate in such research projects.

- ◆ Be informed by his surgeon, or his designee, of his continuing health care requirements.

- ◆ Examine and receive an explanation of his bill regardless of the source of payment.

- ◆ Have all patients' right explained to the person who has legal responsibility to make decisions regarding medical care on behalf of the patient.

- ◆ Express any grievances or suggestions verbally or in writing to

The Surgery Center of Long Beach Administrator

AAAHC 5250 Old Orchard Road #200
Skokie, IL 60077.

Phone: (847)853-6060 Fax: (847)853-9028

Office of the Medicare Beneficiary Ombudsman
www.cms.hhs.gov/center/ombudsman.asp

State of California, County of Los Angeles,
Dept of Health Svcs. (800)228-1019

- ◆ Change their provider if other qualified providers are available.

Patient Responsibilities:

- ◆ The Surgery Center of Long Beach expects that a patient will provide accurate and complete information about matters relating to his/her health history in order for the patient to receive effective medical treatment.

- ◆ A patient is responsible for reporting whether he/she clearly comprehends a contemplated course of action and what is expected of them.

- ◆ The Surgery Center of Long Beach expects that the patient will cooperate with all the Surgery Center of Long Beach personnel and ask questions if directions and/or procedures are not clearly understood.

- ◆ A patient is expected to be considerate of other patients and the Surgery Center of Long Beach personnel and to observe the no smoking policy of the surgery center. A patient is also expected to be respectful of the property of other persons and the property of the Surgery Center of Long Beach.

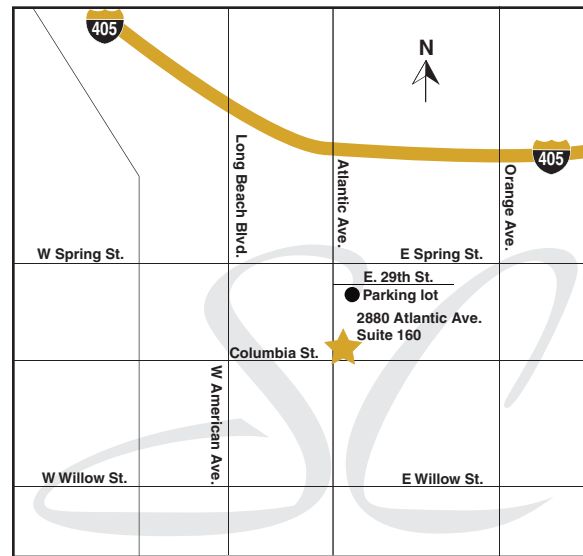
- ◆ The patient is expected to help the physicians, nurses, and allied medical personnel in their efforts to care for the patient by following their instructions and medical order.

- ◆ It is understood that a patient assumes the financial responsibility of paying for all services rendered whether through third party payers (his/her insurance company) or being personally responsible for payment for any services which are not covered by his/her insurance policies.

- ◆ It is expected that the patient will not take any drugs which have not been prescribed by his/her attending physician and administered by the Surgery Center of Long Beach.

ADVANCE DIRECTIVES

- ◆ All patients receiving anesthesia services or conscious sedation (all but straight local anesthesia) will be asked if there are advance directives the Center should be aware of, but it is clearly explained to the patient that the Surgery Center of Long Beach does not honor advance directives, as an ambulatory surgery center and all efforts will be made to resuscitate them for transfer to an acute care facility where the advance directives will be followed.



★ Surgery Center of Long Beach
● Parking lot \$3

Arrive at Surgery Center of
Long Beach _____

at _____

Do not eat or drink after



Phone: 562-988-9566

Fax: 562-997-4597

2880 Atlantic Ave. Ste. 160

Long Beach, CA 90806

surgerycenteroflongbeach.com



Surgery Center of Long Beach

PATIENT INFORMATION